How do I find out more about the Parent Mentor Program?

Contact:

Sam Byers
FIT for Recovery Team
(503) 988-3460 Ext. 26693

OR
Leah Hall
Court Liaison for the Parent Mentor Program
(503) 313-8959

“Being a Parent Mentor to me means believing in someone until they can believe in themselves.”
- Megan, Parent Mentor

“Being a Parent Mentor is all about giving. We all deserve a chance at living.”
- Tara - Parent Mentor

Success through Collaboration:
The Parent Mentor Program is a collaboration among Morrison’s Parents Anonymous of Oregon program, the FIT for Recovery Team, and the Oregon Department of Human Services.

Parent Mentor Program
A program of Parents Anonymous of Oregon and Morrison Child and Family Services
4945 NE 7th Avenue
Portland, Oregon 97211
503-258-4568

From isolation towards support,
From hopelessness towards possibility,
From addiction towards recovery,
And from fractured families towards reunification.
What is a Parent Mentor?

A mentor is...

- A parent who has also experienced challenges in his/her parenting and has successfully navigated the DHS system.
- A parent who can empathize and support you in entering treatment, maintaining sobriety and reuniting with your children.
- A parent who is familiar with many roads to recovery and who can support you through all stages of recovery.

“Having been a person who took from society; being a Parent Mentor allows me to give back to my community and help parents learn a new way to live.”
- Leah, Parent Mentor

How does a Parent Mentor Support You?

Parent mentors can:

- Accompany you to your court hearings, Family Decision Meetings, and Team Decision Meetings
- Maintain contact with you and visit you during treatment or incarceration
- Accompany you to 12 step meetings or any other recovery based meetings
- Help you access community resources
- Support you through the stress of parenting in recovery
- Help you learn to advocate for yourself and your children

“Parent Mentoring is teaching parents how to advocate for themselves and how to find their own voices.”
- Christine, Parent Mentor

“It only takes one person to believe in you, for you to believe in yourself.”
- Angelina, Parent Mentor

“Being a Parent Mentor means giving to others what was given to me:
- A Chance!
- A New Life!
- My Child!
- My Power!
Being a Parent Mentor means sharing this knowledge of hope and recovery with other women.
- Deb, Parent Mentor

“The Parent Mentor Program is a place where we give parents a second chance to become the parent they couldn’t be in their addiction.”
- Shelly, Parent Mentor

“As a parent mentor, I want to be the parent that I never had, and to break the cycle of addiction for families.”
- Char, Parent Mentor

“Being a Parent Mentor means supporting men where they are now and helping them grow into who they want to be.”
- Mark, Parent Mentor

“Nurturing the hope and the possibility for change.”